

Along with extreme weather conditions comes the need for intensive treatments that warm, heal and purify. The DermaFix Spa Range offers products that strengthen the integrity of the skin, increase blood and lymphatic drainage while both traditional and contemporary massage techniques soothe muscles and quieten the mind. DermaFix Spa targets specific body care needs and treatments which can be modified where needed. This summer we have added new treatments and boosted the traditional menu to leave you relaxed and rejuvenated.

Herbal Healing Poultrice Massage

Herbal Healing Poultrice or “pressing herbal sphere”, is a method employed by traditional Thai medicine. It is used to provide the same type of stimulation as acupuncture along the energy channels. Herbal Healing Poultrice Massage, like Ayurveda is based on life energy channels and the belief that one's health and well being is dependent on the balance of life energy throughout the body. A selection of therapeutic herbs including ginger, turmeric and lemongrass are wrapped in a double layer of unbleached, 100% muslin cloth. The Healing Herbal Poultrice offers several potential health benefits: it induces deep relaxation, relieves stress and fatigue, boosts both emotional and physical well being, assists with postural integrity of the body, improves lymph and blood circulation.

A minimum opening order of R1500 is required and must include a minimum of 12 poultrice bags, 1 Organic Salts, 1 Organic Colloidal Oatmeal and 1 Purifying Body Oil. Includes NEW DermaFix Herbal Healing Poultrice Training DVD



Skin hydration is one of the most important factors involved in preserving the integrity of the stratum corneum barrier. A reduction in stratum corneum water content, from changes in the lipid bilayer or from reduction of the “natural moisturizing factor” (NMF), prevents degradation of desmosomes. This leads to a build-up of scales or dry skin and the formation of micro-fissures.

What is the difference between *dry* and *dehydrated* skin?

Dry Skin—Lipid deficient

Dry skin lacks sufficient nutrients to nourish and feed it. The fundamental need of a dry skin is oil. Oils are vital for the well being of the skin, they keep the surface pliable, and act as a natural coating to prevent excessive moisture loss. When natural oils (sebum) produced by sebaceous glands in the skin are secreted onto the skin's surface, they act as a protective barrier. Too little sebum results in dry patches, flaking and even peeling skin. Dry skin is accompanied by a dull complexion due to the dried out, compacted surface layers and looks prematurely aged, with the emergence of fine lines and wrinkles. In addition to environment and climate, hormones, medication, genetics and diet may also play a role.

DermaFix BioEffective Cream, Hyaluronic Acid, Organic Colloidal Oatmeal, Dermal Repair and Omega+ Tissue Oil

Dehydrated skin—Water deficient

'Tight' and uncomfortable feeling skin is often dehydrated, it may also appear shiny after cleansing, even when no sebum is present. This is due to the tightening and 'stripping' effect some cleansers have on the skin. Never continue use of a cleanser with the incorrect pH, as cleansers should work with the skin, not against it. Dehydration also results from photo ageing. In both instances the damaged skin takes on a withered look.

DermaFix BioHydrating Cream, Hyaluronic Acid, Organic Colloidal Oatmeal, Dermal Repair and Omega+ Tissue Oil



BioHydrating Cream
50ml—R335.00



Colloidal Oatmeal
450g—R320.00



Organic Salts
400g—R250.00



BioEffective Cream
50ml—R390.00

NEW!

DermaFix Dermal Repair

This unique anhydrous moisturizer gently soothes and repairs damaged skin caused by free radicals and inflammation. Strengthens the skin's natural lipid barrier to resist future damage and dehydration.

Buy 6 Retail Dermal Repair and receive a Professional size FREE



Hyaluronic Acid is a highly concentrated anti-ageing, moisture binding and skin repairing facial treatment. It slows down the ageing process re-plumping and "filling in" wrinkles. Collagen is a vital protein of the human body. Collagen is responsible for 60% of the moisturizing process which is essential to keep the skin's tone, youth and elasticity. Available at DermaFix—10 ampoules per box

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